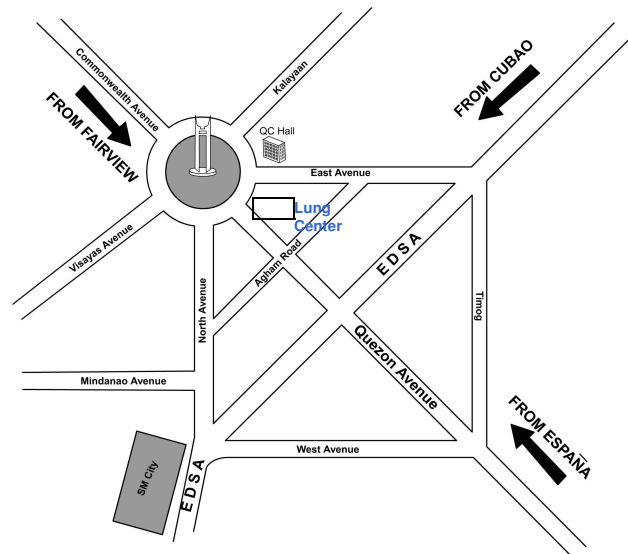


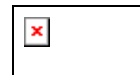
Brain or nerve injury makes you lose control of your muscles. Simple tasks like walking or holding a glass of water become difficult or perhaps impossible. You also become dependent on others for day to day function.

We at LCP Rehab can help you regain control of your muscles and your life.



We also offer the following services:

- Pain Management
- Pulmonary Rehabilitation
- Postoperative Physical Therapy
- Cardiac Rehabilitation



Section of Physical Therapy and Rehabilitation

3rd floor Lung Center of the Philippines
Quezon Avenue Extension Q.C.1100
9246101 local 240



**Lung Center of the Philippines
Section of Physical Therapy
and Rehabilitation**

Neurological Rehabilitation Services



For the treatment of:

- **Stroke / CVA**
- **Spinal Cord Injury**
- **Parkinson's Disease**
- **Carpal Tunnel Syndrome**
- **Bell's Palsy**
- Brain Injury (mild)
- Other neurological conditions

We provide skilled physical therapy services for people with neurological disorders. We are here to maximize your functional capacity at home, work and your community.

Therapy is coordinated with your referring physician and your progress is reported on a regular basis.

Therapy can include

- Therapeutic exercises
- Functional electrical stimulation
- Facilitation of weak muscles
- Relaxation of hyperactive muscles
- Postrehab maintenance

Our commitment to you includes:

- A caring atmosphere
- Creative and personalized treatment
- Outcome-oriented therapy
- Science-based practice
- Affordable and effective programs



We also offer specialized techniques that can help you regain function and recover faster.

Swiss Ball Exercises

- Prevents falls
- Improves balance and coordination
- Strengthens trunk and neck muscles which are needed for strong and safe arm and leg movements



“Nakakatulong din sa aming mga pasyente ang pagiging masayahin nila habang kami ay tinetherapy. Nagiging magaan sa loob naming ang bawat pinagagawa nila”

*-Ramon Jestre,
Patient with Spinal Cord Injury*



EMG Biofeedback

- Electrical sensors are used to detect muscle activity
- Prevents overuse injuries
- Detects small improvements in muscle strength
- Relaxes stiff or overactive muscles

Taping

- Prevents injuries
- Positions joints for safe and effective movement
 - Supports weak muscles
 - Relaxes stiff or overactive muscles
- Unlike braces, allows more movement



Functional Circuit Training

- Interest-specific activities
- Superior to other therapies in improving function, according to the latest studies

